

Thurston Elementary PTA Presents:

CPR Certification

Tuesday, February 16 or Tuesday, February 23rd

6:30-8:30 - TES Library

Teri Baker – Certified Trainer

\$35 per person

This course is specifically designed to teach infant, child and adult CPR.

You will receive an AHA CPR card effective for two years

Teri Baker has been certified in **CPR** since the early 1970's, which gives her a unique historical perspective of this life-saving skill. She has been an **American Heart Association BLS instructor** for over ten years, and has years of experience in pre-hospital emergency care volunteering on two fire and rescue departments as an **EMT-I**.

Her personal goal for teaching **CPR** is that each of her students understands the "why" of **CPR**. In order for students to fully grasp the power of **CPR** it is vital they should know the following;

- Why compressions are so important,
- Why ventilations aren't,
- Why time is of an essence,
- Why hesitation is deadly.

Because of decades of being both a student and teacher of **CPR** Teri is able to dispel myths and urban legends associated with **CPR**. Her goal is to make each student confident in their **CPR** knowledge and competent in their ability to perform this life-saving skill set.

You may visit Teri Baker's website for more information at <http://www.lanecountycpr.com>

Limit to 10 parents per class...so register now!

This same class usually averages \$45

Registration Form

CPR Certification

Register Deadline is Wednesday, February 10th

Circle one: February 16th or February 23rd

Your Name: _____

Email: _____

Please return registration form & fee to Thurston Elementary front office by February 10th

Checks payable to TES PTA

Questions may be directed to April Uffens at apriluffens@thurstonpta.com or 741-2528

ThurstonPTA.com